

# Touchstones Project Theme: Healing



Spirituality for skeptics is about keeping alive that connective tissue that makes us who we are and enables us to imagine what we might yet become. Some of that work we do alone, in moments of inspiration or insight, but more of it happens in the company of other seekers, those who share the skeptical path with us, insisting on the freedom of conscience and the integrity of doubt. We do it by grappling with the deep questions and the big ideas. We do it simply, by sitting next to each other, by speaking forth our joys and sorrows, by sharing soup, by lifting our hearts in praise of this amazing earth and our astonishing lives, by making music with our blended voices. *Rev. Dr. Kendyl Gibbons*

How shall we mend you, sweet Soul? What shall we use, and how is it in the first place you've come to be torn? Come sit. Come tell me. We will find a way to mend you. I would offer you so much, sweet Soul: ...Would offer cellos in the background singing melodies Vivaldi heard and wrote for us to keep. Would hold out to you everything colored blue or lavender.... How shall we mend you, sweet Soul? With these, I think, gently we can begin: we will mend you with a rocking chair, some raisins; a cat, a field of lavender beginning now to bloom. We will mend you with songs remembered entirely the first time ever they are heard. We will mend you with pieces of your own sweet self, sweet Soul—with what you've taught from the very beginning. *Rev. Nancy Shaffer*



## Join us in exploring Healing

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